

# KERBY CENTRE

1133 7 Avenue SW, Calgary, AB T2P 1B2  
Phone: 403 265-0661 Website: [www.kerbycentre.com](http://www.kerbycentre.com)  
February 13 – February 17, 2012



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**KERBY CENTRE WILL BE CLOSED MONDAY, FEBRUARY 20, FAMILY DAY  
AND WILL RE-OPEN TUESDAY, FEBRUARY 21, 2012**

## **ATTENTION ALL KERBY CENTRE VISITORS**

Access to and from the North Parking Lot

Please be advised that access to the North Parking Lot from Kerby Centre main entrance will be altered beginning February 6, 2012. There will be NO access across the construction site on 7<sup>th</sup> Ave.

From the North Lot, you will have to use the intersection at 10st to cross the 7<sup>th</sup> Ave. construction.

### **A SHUTTLE BUS SERVICE**

will pick up Kerby Centre visitors in the NORTH LOT and will transport them via 10st to the Kerby Centre East Parking Lot, where the walk to the front entrance is much shorter. The Shuttle bus service will run from 7:30 am – 5 pm (Monday to Friday). Let the receptionist know you are ready to leave and she will contact the driver who will meet you in the East parking lot and take you to the North parking lot.

## **UP COMING EVENTS.**

### **Knitting for a Cause**

The Knitting for a Cause Group meets the 2<sup>nd</sup> Monday of every month at 10:30 am, in the Dining Room.

The next meeting will be Monday, February 13, 2012

They have been knitting hats, scarves and mittens to donate to different organizations.

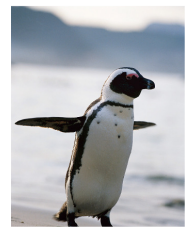
Inn from the Cold, Servants Anonymous and Self Help have benefited from these donations.

### **February's Movie will be "March of the Penguins"**

Friday, February 24, 2012 at 1:00 pm in the Lounge

Tickets include treats and can be obtained in Room 305 for \$1.00

Sponsored by Lake Bonavista Village 403-258-1849



### **The Wise Journey presented**

by

### **The Seniors Action Group**

Written by Mariette Sluyter

A play and conversation exploring what it takes to become a wise Elder and what it means for you.

Monday, February 27, 2012, from 1-3pm in the Lecture Room (205)

This is a free presentation.

## **Upcoming Courses**

**Understanding Arthritis**, Thursday, March 1, 2012 from 10 am to 11 am in Room 125

**Chronic Pain Management**, Thursday, March 29, 2012 from 10 am to 12 pm in Room 125

To register, please call Kerby Centre Education Department at 403-705-3233 or 403-705-3232

Cost: \$3.00 per course

**Membership Desk is open Monday-Friday, 9:00 am – 3:00 pm.**

The 2012 Memberships are \$20.00 and are presently on sale, the Annual Parking Tag is \$3.00.

Membership is open to those 55+. Call 403-265-0661, local 338

**Weekly Clubs and Events**

| <u>Monday</u>  | <u>Tuesday</u>                               | <u>Wednesday</u>                         | <u>Thursday</u>  | <u>Friday</u>  |
|--|--|--|--|--|
| Internet Room<br>9-3<br>(Room 307) Free!                                 | Internet Room<br>9-3<br>(Room 307) Free!     | Internet Room<br>9-3<br>(Room 307) Free! | Internet Room<br>9-3<br>(Room 307) Free!                             | Internet Room<br>9-3<br>(Room 307) Free!             |
| Knitting for a Cause<br>10:30<br>Second Monday of<br>each Month<br>Free! | Luncheon Group<br>11:15<br>(Lounge)<br>Free! | Craft Group<br>9 – 12:00<br>(Room 311)   | Artist Club 10-3 (Room<br>313) \$1.25/half hour                      | Badminton & Ping Pong<br>10:30-noon (Gym)<br>\$1.25  |
| Cribbage<br>1:30 – 3:30<br>(Dining Room)                                 |  | Dance 1 – 3<br>(Lounge)                  | Bingo 11 – 3<br>(Room 205)   | Spanish Conversation<br>10 – 12<br>(Room 308) \$1.25 |
|  |  |  | Lesbian Group 2 pm<br>(Third Thursday of the<br>month)<br>(Room 313) |  |

If you have an idea for a new group – or would like to join a current one – check with the Education & Recreation or Volunteer department staff

**Dining Room Menu**

| <u>Monday</u>   | <u>Tuesday</u> | <u>Wednesday</u> | <u>Thursday</u>                           | <u>Friday</u> |
|---|----------------|------------------|---|---------------|
| Liver and Onions  | Chicken Legs   | Roast Beef       | Spaghetti and Meatballs with Garlic Toast | Salmon        |
| Sandwich for the Week: Turkey Wrap<br>Salad of the Week: ---- Note: menu is subject to change |                |                  |   |               |



**KERBY TRAVEL**

**Kerby Travel: Regular hours 9:30 am to 3:00 pm, Ph: 403-705-3237**

**Presentation: Tuesday, February 14 “Unique Journeys” at 1:00 pm in the Lounge, \$2. /each**

|  |      | <b>Double pp</b> | <b>Single</b> |          |
|--|------|------------------|---------------|----------|
| Mar. 7-19 (12 days) <b>Caribbean Pearl</b>             | From | \$3299.00        |               |          |
| Apr. 9-12 (4 days) <b>Jasper Park Lodge</b>            |      | \$628.99         | \$ 837.57     |          |
| Apr. 17-May 1 (15 day) <b>Eastern European Passage</b> |      | \$5480.00        | \$6530.00     | EBD      |
| May 16-23 (8days) <b>Alaska “Inside Passage”</b>       | From | \$1125.00        |               | Plus Air |
| May 16-31 (15 days) <b>Treasures of Turkey</b>         |      | \$2995.00        |               | Plus Air |
| Oct.24-Nov.15 (21 days) <b>India Tour</b>              |      | \$5500.00        | \$7000.00     | Plus Air |

**March 7, 2012 (Wednesday) Heritage Park, “Lunch and Entertainment” Cost: Members \$32.00; Non-Members \$36.00 **SOLD OUT****

**April 17, 2012 (Tuesday) Stoney Nakoda Casino includes Lunch, Cost: Members \$14.00; Non-Members \$18.00**