



## February 2012



10:30 News &amp; Views

11:15 Exercises

12:00 Lunch

1:00 Afternoon Program

2:30 Program Ends

*We can do no great things~  
Only small things with great  
love.*

*-Mother Teresa*

**February Birthdays**Duffy L. – 11<sup>th</sup>David H. – 13<sup>th</sup>Larry K. – 28<sup>th</sup>**MONDAY****TUESDAY****WEDNESDAY****THURSDAY****FRIDAY**

6  
Hearts and  
Crafts  
&  
“Let’s Play  
Cards”

7  
Heart Recipe  
&  
Valentine/  
Friend Cards

8  
*Health Talk*  
Hearts and  
Crafts  
&  
Lounge Dance

9  
*Health Talk*  
**Heart & Stroke**  
10:15am to 11:15am  
&  
Heart Activities  
/Poetry

10  
*Health Talk*  
Heart Trivia  
&  
Heart  
Games/Poetry

13  
Heart Recipe  
&  
Heart Fan Game  
  
\*Wear Pink or Red\*

14  
Tuxedo  
Strawberries  
&  
V-Day Tea  
  
\*Wear Pink or Red\*

15  
Heart Fan Game  
**Daycare**  
&  
Lounge Dance  
  
\*Wear Pink or Red\*

16  
Heart Recipe  
&  
Plant Love  
  
\*Wear Pink or Red\*

17  
*Love Your Nails*  
 (Marvel)  
&  
Heart Fan Game  
  
\*Wear Pink or Red\*

20  
**Family Day**  
**KERBY**  
**CENTRE**  
&  
**ADSP**  
**CLOSED**

21  
*Mardi Gras*  
Activity with  
**Ann**  
&  
“Let’s Play  
Cards”

22  
*Ash Wednesday*  
Ashes with  
**Jenn**  
&  
Lounge Dance

23  
Craft with  
**Catherine**  
&  
Snack Food  
Mystery Auction

24  
Morning with  
**Muna**  
&  
Snack Food  
Mystery Auction

27  
*No Brainer Day*  
Shuffleboard  
&  
No Brainer  
Games

28  
*Floral Design Day*  
Shuffleboard  
&  
Flower Fun

29  
*Leap Day*  
Leap Year  
Activities  
&  
Lounge Dance

*How many times do you see  
the word “Heart” on both the  
Calendar and Newsletter?*