

LEARNING 2012 – WINTER SEMESTER

"It's not where you're from; it's where you're going.

It's not what you drive; it's what drives you.

It's not what's on you; it's what's in you.

It's not what you think; it's what you know."

-Unknown

CONDITIONS OF REGISTRATION:

Winter 2012 registration opens December 5, 2011 at 9:00 for members.

Register early as spots fill up fast – first come, first served!

HOW TO REGISTER?

1. In person – Kerby Centre, Room 305
2. Telephone – (403) 705-3233 or (403) 705-3232
3. Online – www.kerbycentre.com
4. Mail – 1133 7th Avenue S.W.,
Calgary AB, T2P 1B2
Attn: Education & Recreation

**** Please ensure you have your 2012 membership before registering for courses****

REFUNDS:

- All refunds are subject to an administration fee.
- Request for refunds must be made before the date of the second class.
- Computer courses/workshops are non-refundable.
- For full refund policy see Education & Recreation Department Staff (room 305).

PAYMENT OPTIONS:

- Required at time of registration.
 - Cash
 - Cheque
 - Debit
 - VISA
 - MasterCard
 - PayPal

If cost of courses is a concern, please contact the Manager of Education & Recreation at (403) 705-3232 for discussion of payment options.

MEMBERSHIP

- 2012 Kerby membership does NOT guarantee course availability.
- Non-members must be 55 years of age – proof of age may be requested.
- Registration for non-members opens December 12, 2011
- Non-members pay a non-refundable, non-member surcharge of \$20 on each course/workshop enrolled in.
- Non-members do not have parking privileges.

THINGS TO KNOW:

- You will only be notified if a course is cancelled.
- Minimum numbers are required for a course to run. Please ensure you register by December 22, 2011.
- Save these pages as this is the ONLY complete advertisement of courses. Next month only the list of courses is displayed.
- Courses/workshops are designed for seniors of varied abilities. The instructor, in consultation with the Manager of Education and Recreation will make a determination about suitability for the particular course. Kerby Centre reserves the right to cancel registration and the remainder of the cost will be refunded.
- If you need clarification of which course is appropriate, please contact the Manager of Education & Recreation at (403) 705-3232.

Maunder's McNeil Program:

- Is a group of courses partially funded by the Maunder's McNeil Grant.
- These programs are targeted to those living with challenges as a result of illness, stroke, arthritis, cardiovascular disease or other physical and mental health challenges.
- Program is for those who enjoy a slower pace environment and the camaraderie of others in a relaxed atmosphere with a definite purpose in mind.
- When you register, you may be asked about your health issue to ensure you are placed in the appropriate class.



ACTIVE LIVING COURSES







"A" Courses

No classes on February 20, 2012 – Family day, Kerby Centre closed.



There may be other cancellations in individual rooms due to other activities at Kerby Centre

Course # & Name	Course Description	Instructor	Day/Date	Time/Room	FEE	Non-member S/C
A01 – Locomotion & Balance Mauder's McNeil	Geared to those with health concerns. Focus on enhancing walking and balance skills to keep you independent and living at home.	Dan Leung	Monday Jan 9 – Mar 26 No class on Feb 20	11:15 – 12:15 pm Gymnasium	\$25.00	\$20.00
A02 – Strength Training Mauder's McNeil	Geared to those with health concerns. Focus on strengthening major muscles used in daily living activities to enhance your independence.	Ann Nuell	Thursday Jan 12 – Mar 29	11:15 – 12:15 pm Gymnasium	\$25.00	\$20.00
A03 – Gentle Seated Yoga 1 Mauder's McNeil	Improve range of motion and learn ways to relax, release and rejuvenate. Learn basic yoga postures in a comfortable and social environment. Options provided for all levels.	Caroline Bees	Wednesday Jan 11 – Feb 15	2:00 – 3:00 pm Room 308	\$15.00	\$20.00
A04 – Gentle Seated Yoga 2 Mauder's McNeil	A continuation of the above course.	Caroline Bees	Wednesday Feb 22 – Mar 28	2:00 – 3:00 pm Room 308	\$15.00	\$20.00
A05 – Revitalizing Yoga 1	Gain strength, flexibility and body awareness. A chair is used for balance during this class. Must be able to get down on to the floor easily. Please bring your own yoga mat.	Caroline Bees	Monday Jan 16 – Feb 13	2:30 – 3:30 pm Room 308	\$25.00	\$20.00
A06 – Revitalizing Yoga 2	A continuation on the above course.	Caroline Bees	Monday Feb 27 – Mar 26	2:30 – 3:30 pm Room 308	\$25.00	\$20.00
A07 – Be STRONG!	Improve your strength and flexibility in a small group. Weight-bearing exercises will be used. This is more advanced than our Functional Strength course.	Tammie Yearwood	Wednesday Feb 8 – Mar 28	11:15 – 12:00 pm Room 205	\$25.00	\$20.00
A08 – Monday Fitness	Traditional aerobics class with emphasis on cardiovascular training. Minimal strength training, using weights or resistance bands. You are encouraged to work at your own pace.	Dan Leung	Monday Jan 9 – Mar 26 No class on Feb 20	10:05 – 11:00 am Gymnasium	\$35.50	\$20.00
A09 – Wednesday Fitness	Traditional aerobics class with emphasis on cardiovascular training. Minimal strength training, using weights or resistance bands. You are encouraged to work at your own pace.	Dan Leung	Wednesday Jan 11 – Mar 28 No class on Mar 21	10:05 – 11:00 am Gymnasium	\$35.50	\$20.00
A10 – Muscle Strength & Core Balance	Strong core balance is necessary for good posture, balance, mobility and safety around the house. Available equipment will be used to train muscle groups associated with Activities for Daily Living.	Dan Leung	Friday Jan 13 – Mar 30	9:30 – 10:20 am Gymnasium	\$38.50	\$20.00
A11 – Zumba Gold	Love those Latin rhythms? Then this is the class for you. Move your body to Salsa, Cha Cha, Hora, Merengue, Flamenco and African beats. Appropriate for the active and beginner exerciser.	France Plamondon	Monday Jan 9 – Mar 26 No class on Feb 20	2:00 – 3:00 pm Gymnasium	\$50.00	\$20.00
A12 – Agility Challenge	Balance and agility are two cornerstones for mobility. This course will enhance both through various exercises and techniques.	Tammie Yearwood	Friday Feb 10 – March 30	11:15 – 12:00 pm Room 205	\$25.00	\$20.00
A13 – Functional Strength	Emphasis is placed on maintenance and enhancement of strength and range of motion of major muscle groups and joints. Will also work on balance and agility.	Tammie Yearwood	Wed/Fri Jan 11 – Mar 30	10:10 – 11:10 am Room 205	\$77.00	\$20.00
A14 – Energizing Yoga 1	Learn the fundamentals of yoga through body awareness, breath and movement. This class is self paced; getting to the floor easily is required. Please bring your own yoga mat.	Caroline Bees	Wednesday Jan 11 – Feb 15	9:00 – 10:00 am Room 205	\$30.00	\$20.00
A15 – Energizing Yoga 2	A continuation of the above course.	Caroline Bees	Wednesday Feb 22 – Mar 28	9:00 – 10:00 am Room 205	\$30.00	\$20.00
A16 – Belly Dancing for Beginners	Take this fun opportunity to learn some elementary hip liberating moves. Learn to move and sway your hips and shoulders to middle eastern music.	Angela Grell	Tuesday Jan 10 – Mar 27	12:45 – 2:00 pm Room 205	\$48.00	\$20.00
A17 – Belly Dancing – Next Steps	Continue to learn isolating hip, shoulder, and spine moves. Learn to integrate your total body and mind in response to middle eastern music.	Angela Grell	Tuesday Jan 10 – Mar 27	2:00 – 3:15 pm Room 205	\$48.00	\$20.00
A18 – Line Dance Beginners	No one to dance with? Need exercise? This class will teach you the basics of line dance in a fun and educational setting.	Ann Nuell	Thursday Jan 12 – Mar 29	1:00 – 2:00 pm Gymnasium	\$38.50	\$20.00
A19 – Line Dance – Beyond the Basics	This course will continue to challenge and increase your knowledge and skill of line dancing.	Ann Nuell	Thursday Jan 12 – Mar 29	2:15 – 3:15 pm Gymnasium	\$38.50	\$20.00
A20 – Tai Chi Mondays	Tai Chi is a series of movements and poses that make up a meditative form of exercise with both physical and spiritual health benefits. Reduce stress, increase coordination, balance and range of motion.	Adrian Buczek	Monday Jan 9 – Mar 26 No class on Feb 20	9:00 – 10:00 am Gymnasium	\$35.50	\$20.00

Course # & Name	Course Description	Instructor	Day/Date	Time/Room	FEE	Non-member S/C
A21 – Tai Chi Wednesdays 	Same course listed above offered on a different day and time.	Adrian Buczek	Wednesday Jan 11 – Mar 28 No class on Mar 21	2:00 – 3:00 pm Room 205	\$35.50	\$20.00
A22 – Boot Camp 	Designed to help you feel good about your body. This is a fun and friendly fitness program that is designed challenge you and motivate you to work hard and get the most out of this fitness class. Circuit training style course to tone your whole body.	Tammie Yearwood	Thursday Jan 12 – Mar 29	9:30 – 10:30 am Gymnasium	\$38.50	\$20.00

ACADEMIC COURSES

“B” Courses

No classes on Monday February 20, 2012 – Family Day, Kerby Centre closed.

Spanish textbook are as follows:

- Spanish textbook for all levels of Spanish is: Dicho Y Hecho: Beginning Spanish, 6th Edition, available through Amazon at <http://www.amazon.ca>. Please note that you must order this text book from Amazon.ca as soon as you decide to take the course as it can take 3-6 weeks for it to be delivered to your home.

For supply lists for Art Courses, please contact the Education & Recreation Department, 403-705-3233.

Course # & Name	Course Description	Instructor	Day/Date	Time/Room	FEE	Non-member S/C
LANGUAGES						
B01 – Beginners Spanish	A comprehensive course for students with no prior knowledge of Spanish. Will learn basic grammar and vocabulary through training and listening, speaking, reading and writing. Chapters 1-4 will be covered. <i>See above for textbook.</i>	Marlene Linares	Monday Jan 9 – Mar 26 No class Feb. 20	10:00 – 12:00 pm Room 311	\$76.00	\$20.00
B02 – Beginners Convergacion	Learn to pronounce many words and phrases in Spanish. Course will be highly practical with emphasis on communication in real everyday situations. Will involve verbal periphrasis, colloquial expressions, social and cultural aspects and idiomatic expressions. <i>See above for textbook.</i>	Marlene Linares	Tuesday Jan 10 – Mar 27	1:00 – 3:00 pm Room 311	\$83.00	\$20.00
B03 – Intermediate Spanish	A continuation of Beginners Spanish. You will most likely feel at ease with basic vocabulary and grammatical conjugations. Oral, listening, reading and writing activities are included. Prerequisite: Beginners Spanish or equivalent. Chapters 5-7 will be covered. <i>See above for textbook.</i>	Norah Hutchinson	Tuesday Jan 10 – Mar 27	10:00 – 12:00 pm Room 311	\$83.00	\$20.00
B04 – Intermediate Convergacion	Acquire fluency and accuracy in spoken Spanish. Course will be highly practical with emphasis on communication in real everyday situations. Students will greatly increase communication skills and the ability to understand native Spanish speakers.	Norah Hutchinson	Friday Jan 13 – Mar 30	1:00 – 3:00 pm Room 311	\$83.00	\$20.00
B05 – Advanced Spanish	For those with intermediate level Spanish and want to improve their written, conversational and listening skills. Students will be able to deal with most situations likely to arise when travelling or living in an area where Spanish is spoken. Chapters 8-10 will be covered. <i>See above for textbook.</i>	Norah Hutchinson	Monday Jan 9 – Mar 26 No class Feb. 20	1:00 – 3:00 pm Room 311	\$76.00	\$20.00
B06 – Advanced Convergacion	Expand and perfect your fluency and accuracy in spoken Spanish. Designed to provide students with the opportunity to practice the language through discussion of selected material and topics of interest.	Norah Hutchinson	Thursday Jan 12 – Mar 29	1:00 – 3:00 pm Room 311	\$83.00	\$20.00
HEALTHY LIVING SERIES						
B07 – Functional Memory	Using a basic model of how memory works, 5 ways of tweaking our attitude and actions to help us lead more confident lives.	Irene Brannan	Thursday Feb 2	10:00 – 12:00 pm Room 125	\$8.00	\$20.00
B08 – Meditation	Ever wonder whether meditation would help you deal with change? Get a general understanding of what meditation is as well as an opportunity to actually meditate.	Irene Brannan	Thursday Feb 9	10:00 – 12:00 pm Room 125	\$8.00	\$20.00
B09 – Spirituality & Health	What is spirituality and can it impact on your health? An opportunity to discuss and question what you've read on the topic.	Irene Brannan	Thursday Feb 16	10:00 – 12:00 pm Room 125	\$8.00	\$20.00
B10 – Change & You	5 strategies to help with life's decisions and surprises. Learn how to cope with change in our ever-changing lives.	Irene Brannan	Thursday Feb 23	10:00 – 12:00 pm Room 125	\$8.00	\$20.00
B11 - Arthritis 101	Providing sound information and guidance for those recently diagnosed or those who suspect they may have one of the many forms of arthritis.	Arthritis Society of AB & NWT	Thursday Jan 19	10:00 – 12:00 pm Room 125	\$8.00	\$20.00

Course # & Name	Course Description	Instructor	Day/Date	Time/Room	FEE	Non-member S/C
B12 - Understanding Arthritis –	For those who already have basic knowledge of arthritis and are ready to learn more. It uses anatomical diagrams to illustrate the progression of the most common forms of arthritis and starts the discussion on symptom management.	Arthritis Society of AB & NWT	Thursday March 1	10:00 – 11:00 pm Room 125	\$4.00	\$20.00
B13 – Chronic Pain Management	Chronic pain is a fact of life for many people, the Chronic Pain Workshop was developed to help sufferers manage their pain and improve the quality of their lives.	Arthritis Society of AB & NWT	Thursday March 29	10:00 – 12:00 pm Room 125	\$8.00	\$20.00

~ Discounted rate if you purchase ALL 7 Healthy Living Series: \$45 ~

MUSIC

B14 – The Songsters	Employing a new theme each week, we invite you to share your stories, poems, and photographs interspersed with the singing of old favorites. You don't need to have a great voice, you just need to have a good time.	Alison Demeter	Tuesday Jan 10 – March 27	10:30 – 11:30 am Room 308	\$41.50	\$20.00
B15 – The Kerby Chorus	Our simulated radio broadcast, "Alberta Afternoon", has been very successful. This semester will begin with working towards our 2012 show. If you think you might have a knack for singing, acting, storytelling, and/or performing (or even just the desire) please join us. No previous experience necessary.	Alison Demeter	Thursday Jan 12 – April 5	1:00 – 2:30 pm Room 308	\$67.00	\$20.00
B16 – Prep for Performance	This class offers the opportunity to learn how to prepare songs for performance. All aspects of preparation including vocal technique, enunciation, and phrasing will be addressed. At the end of the term there will be an opportunity to perform the songs. We strongly recommend this class for all those registered in the Kerby Chorus.	Alison Demeter	Thursday Jan 12 – April 5	10:30 – 12:00 pm Room 308	\$67.00	\$20.00
B17 – Music Appreciation	This course will explore the many musical trends that flourished at the turn of the twentieth century in Paris. We will study and listen closely to pieces by Debussy, Ravel, Chabrier, and many more, with an ear to understanding how the work of the composers interacts with contemporaneous artistic and cultural trends. Active listening skills will be practiced. No experience necessary.	Jennifer Paulson	Tuesday Jan 24 – Mar 27	9:30 – 11:30 am Room 125	\$69.00	\$20.00



****It is nice to look after others, but it is important to take time for yourself****

What have you done for yourself lately?







FINE ARTS


B18 – Basic Drawing	Learn the basic principles of seeing and drawing basic shapes. Use this foundation to create cartoons and progress into landscapes and still life. <i>Material List</i>	Janey Luc-German	Monday Jan 9 – Mar 26 No class Feb. 20	1:00 – 3:00 pm Room 313	\$76.00	\$20.00
B19 – Contemporary Pointed Pen	Similar to the handwriting taught in schools at the turn of the century, this lettering style is written with a pointed flexible nib. Teaching beginners and continuing students alike in this fresh, contemporary take on a traditional tool.	Kerri Forster	Tuesday Jan 10 – Feb 7	1:00 – 3:00 pm Room 313	\$35.00	\$20.00
B20 – Acrylic Painting – Winter Warm-Up	Come and have fun, be creative and learn about painting with acrylics. We'll paint tropical scenes, birds, fish and flowers to warm up! All levels welcome.	Kathy Aldons-Schleindl	Tuesday Jan 10 – Feb 14	10:00 – 12:00 pm Room 313	\$41.50	\$20.00
B21 – Acrylics - Flowers, Fruit and Furry Friends	In this class, we'll paint from fresh flower arrangements and fruit, and also have some classes devoted to painting animals or pets! All levels welcome.	Kathy Aldons-Schleindl	Tuesday Feb 21 – Mar 27	10:00 – 12:00 pm Room 313	\$41.50	\$20.00
B22 – Water Colour – Sunrise & Sunset	Learn to layer your colour to create dramatic sun scenes. Bring your favorite sunset picture. Will learn about painting light and the colour of light. Be prepared to be sun struck by what you create.	Katy Morris	Wednesday Jan 25 – Feb 22	10:00 – 3:00 pm Room 313	\$69.00	\$20.00
B23 – Water Colour – Bright, Brash & Bold	Brighten your day with a mix of colour theory and layering your colours. Go bold and bright with this class focused on experimenting on how to paint all kinds of flowers. All Levels	Katy Morris	Wednesday Feb 29 – Mar 28	10:00 – 3:00 pm Room 313	\$69.00	\$20.00
B24 – Watermedia 1 – Make Your Grandkids Your Art	Learn how to paint children in landscapes. A focus on placing, drawing and painting children. Go through your photo albums and pick your favorite picture of your grandkids outdoors. A wonderful keepsake! All Levels	Katy Morris	Friday Jan 27 – Feb 24	10:00 – 3:00 pm Room 313	\$69.00	\$20.00
B25 – Watermedia 2 – Coast to Coast in Canada	Learn perspective when painting your favorite harbor scene. Focus not only on the water but buildings and boats as well. Use of pastels will be used to enhance your picture. All Levels	Katy Morris	Friday Mar 2 – Mar 30	10:00 – 3:00 pm Room 313	\$69.00	\$20.00

LECTURE SERIES

B26 – Women In Aviation	From Katherine Stinson (The Flying Schoolgirl) to Christa McAuliffe and Valentina Tereshkova, women have made amazing inroads into the male dominated world of aviation. Hear seldom heard stories of those amazing aviatrixes who put their male counterparts to shame.	Allan Gallant	Tuesday Feb 7	1:00 – 2:30 pm Boardroom	\$6.00	\$20.00
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Course # & Name	Course Description	Instructor	Day/Date	Time/Room	FEE	Non-member S/C
B27 – 103 Years of Canadian Aviation 	The storied history of Canadian achievement in the air, starting with Alexander Graham Bell and Doug McCurdy making Canada's first successful flight all the way to Canada's remarkable astronauts.	Allan Gallant	Tuesday Feb 14	1:00 – 2:30 pm Boardroom	\$6.00	\$20.00
B28 – Canada's Bush Pilots 	Flying the frontiers with the brave and rugged flyers who explored the unmapped ranges of Canada's north including the Legendary Lorna deBlicquy who broke gender barriers to fly in the north and even made rescue flights in Ethiopia.	Allan Gallant	Tuesday Feb 21	1:00 – 2:30 pm Boardroom	\$6.00	\$20.00
B29 – American RCAF flyers in WWII 	A seldom heard story. Hundreds of young American pilots trained right here in Canada and wore Canadian uniforms during WWII. Until the US joined the fight, many young adventurers were determined to fight and fly and went north to do so.	Allan Gallant	Tuesday Feb 28	1:00 – 2:30 pm Boardroom	\$6.00	\$20.00
B30 – Beginners Bridge 	Learn the basics of duplicate bridge in this eight week course. This is a fun a social game that will keep your mind sharp!	Rae Haaland	Tuesday Jan 24 – Mar 13	10:00 – 12:00 pm Chandler Kennedy Room	\$64.00	\$20.00



COMPUTER COURSES

“C” Courses


No classes on Monday February 20, 2012 – Family Day, Kerby Centre closed.

Courses are 7.5 hours long (1.5 hours/two days per week) except where noted. Workshops are 3 hours long.

A new computer manual which is suitable for most courses available in Ed & Rec office at a cost of \$12.00

Course fees for both computer courses and workshops are **non-refundable**.



Please note: a memory device (also known as a memory stick, jump drive or USB drive) is required to take home homework or extra practice. Please bring one to your first class.



Course # & Name	Course Description	Instructor	Day/Date	Time/Room	FEE	Non-member S/C
C01 – Intro to Basics	Starts at “where’s the ON button” to creating, saving, and retrieving your files. Learn parts of a computer, jargon, and how to use a mouse and the setup of your desktop.	Pat Seifert	Monday & Wednesday Jan 25 – Feb 8	12:30 – 2:00 pm Room 312	\$105.00	\$20.00
C02 – Absolutely Terrified	Same content as C01 but you have twice the amount of time to learn and practice the skills taught.	Pat Seifert	Monday & Wednesday Jan 9 – Feb 8	10:00 – 11:30 am Room 312	\$157.50	\$40.00
C03 – Level 1++	A review and expansion on Intro to Basics course. Learn how to manipulate margins and tabs to create a letter and newsletter. No class Feb. 20	Pat Seifert	Monday & Wednesday Feb 13 – Feb 29	10:00 – 11:30 am Room 312	\$105.00	\$20.00
C04 – Internet	Learn how to use the World Wide Web, the difference between an ISP, a browser and a search engine and how to find what you are looking for on the internet. No class Feb. 20	Pat Seifert	Monday & Wednesday Feb 13 – Feb 29	12:30 – 2:00 pm Room 312	\$105.00	\$20.00
C05 S1 – How to Use Your Laptop	Bring your own laptop to class and learn hands-on how to use it effectively. There will only be 5 students maximum in this class. No Macs.	Pat Seifert	Monday & Wednesday Jan 9 - Jan 23	12:30 – 2:00 pm Room 312	\$157.50	\$40.00
C05 S2 – How to Use Your Laptop	Same course as above.	Pat Seifert	Monday & Wednesday Mar 5 – Mar 19	10:00 – 11:30 am Room 312	\$157.50	\$40.00
C06 – Social Media, Social Networking & Internet Technologies	Ever wonder about Facebook, blogging, twitter and Skype when you hear the grandkids talking about it? Learn what they are, how they work, how you can use them and the advantages and disadvantages of each. LECTURE ONLY.	Brian Fryk	Tuesday & Thursday Feb 14 – Feb 23	1:00 – 2:30 pm Room 312	\$105.00	\$20.00

COMPUTER WORKSHOPS

C07 – Introduction to the Internet	What can you find on the internet? What is surfing? Is it hard to find what you’re looking for? What are you looking for?	Pat Seifert	Wednesday Mar 19	12:30 – 3:30 pm Room 312	\$36.00	\$20.00
C08 – Maintaining Your Computer	This workshop will cover finding your lost files to running the defrag program and more. Bring your questions as there will be time at the end of the workshop.	Pat Seifert	Monday Mar 5	12:30 – 3:30 pm Room 312	\$36.00	\$20.00
C09 – Adventures in Email	Using Hotmail, Telus or Shaw, discover how to jazz up your email message. Learn basic etiquette, how to send a friend a link, block annoying junk mail, minimize spam, print a message and create a unique signature.	Pat Seifert	Wednesday Mar 7	12:30 – 3:30 pm Room 312	\$36.00	\$20.00
C10 – File Management	What to do when you can’t find anything in your “My Documents” folder? Learn how to copy, move, and delete files as well as create folders to get organized.	Pat Seifert	Monday Mar 12	12:30 – 3:30 pm Room 312	\$36.00	\$20.00

Course # & Name	Course Description	Instructor	Day/Date	Time/Room	FEE	Non-member S/C
C11 – Managing Your Photo Library	Do you have oodles of pictures on your computer from the holidays? Learn how to keep track of your photos through filing, how to change the size, crop and other techniques.	Pat Seifert	Wednesday Mar14	12:30 – 3:30 pm Room 312	\$36.00	\$20.00
C12 – How to build a Simple Webpage	Create your own web page! In this workshop you will use MS Word and MS Paint to create a simple webpage with stock images, hyperlinks and text. Information on uploading the site to a web server will also be provided.	Sharon Mulroney	Tuesday Feb 28	12:00 – 3:00 pm Room 312	\$36.00	\$20.00
C13 – Keeping yourself SAFE while Online 	How can you be certain that the site you are visiting is safe? The internet promises great opportunity for communication and commerce from the comfort of your own home but scammers abound. Learn the 'dos' and 'do nots' of online banking, shopping and social networking.	Allan Gallant	Tuesday Mar 6	1:00 – 3:00 pm Room 312	\$24.00	\$20.00
C14 – Google Plus 	Most of us are familiar with Google as a great search engine for when we need to find a website, however it is so very much more. Google can be used as a dictionary, a calculator, a language translator, or a currency converter and MORE! Get some insight into how to use this powerful and free tool to enhance your online experience.	Allan Gallant	Tuesday March 13	1:00 – 3:00 pm Room 312	\$24.00	\$20.00



EVENING COURSES

“E” Courses




Please note there is NO age limit for those attending these courses.

Course # & Name	Course Description	Instructor	Day/Date	Time/Room	FEE	Non-member S/C
E01 – Monday Pilates 1	Strengthen abdominal and back muscles, gain total body flexibility and improve your posture. All exercises are done lying down on a padded mat (provided). Options given for all levels.	Caroline Bees	Monday Jan 16 – Feb 13	5:00 – 6:00 pm Room 205	\$40.00	\$0
E02 – Monday Pilates 2	A continuation of the above course.	Caroline Bees	Monday Feb 27 – March 26	5:00 – 6:00 pm Room 205	\$40.00	\$0
E03 – Wednesday Pilates 1	Strengthen abdominal and back muscles, gain total body flexibility and improve your posture. All exercises are done lying on a padded mat (provided). Options given for all levels.	Caroline Bees	Wednesday Jan 11 – Feb 15	5:00 – 6:00 pm Room 205	\$48.00	\$0
E04 – Wednesday Pilates 2	A continuation of the above course.	Caroline Bees	Wednesday Feb 22 – Mar 28	5:00 – 6:00 pm Room 205	\$48.00	\$0
E05 – Travelers Spanish	Need a vacation? Learn all the essential words, phrases and sentences you will need for a successful stress-free trip to Latin America	Marlene Linares	Wednesday Jan 11 – Mar 28	5:00 – 7:00 pm Room 311	\$83.00	\$0

**** Please ensure you have your 2012 membership before registering for courses****

LEARNING 2012 – WINTER
MAIL TO: Kerby Centre, 1133 7th Avenue S. W., Calgary AB T2P 1B2
PHONE: (403) 705-3233/705-3232



Name: _____ Kerby Membership #: _____

Telephone #: _____

Courses you wish to register for:

Course # _____	Course Name: _____	Course # _____	Course Name: _____
Course # _____	Course Name: _____	Course # _____	Course Name: _____
Course # _____	Course Name: _____	Course # _____	Course Name: _____

Method of Payment:

Cash: _____ (In person) Cheque: _____ (In person/mail-in)

MasterCard #: _____ Expiry Date: _____ (In person/Telephone/Mail-in)

VISA # _____ Expiry Date: _____ (In person/Telephone/Mail-in)

Please note that both MasterCard and VISA numbers are four groups of four numbers.



Drop-In Groups:	Days	Times	Room	Fee
Cribbage	Monday	1:30 - 3:30 pm	Dining Room	\$1.25
Artist's Group	Thursday	10:00 – 3:00 pm	Room 313	\$1.25/half day
Spanish Conversation	Friday	10:00 – 12:00 pm	Various locations	\$1.25
Badminton	Friday	10:30 – 12:00 pm	Gym	\$1.25
Ping Pong/Table Tennis	Friday	10:30 – 12:00 pm	Gym	\$1.25